LUNCH RUSH
BARBECUE A TASTE OF SOUTHERN COMFORT {page 13}

'I CAN MOVE MY FOREHEAD AGAIN'
KIDMAN ADMITS TO BOTOX: REPORT {page 9}

BLAME GAME

PALIN ACCUSES MEDIA OF 'BLOOD LIBEL' {page 4}

VANCOUVER metro®

Thursday, January 13, 2011
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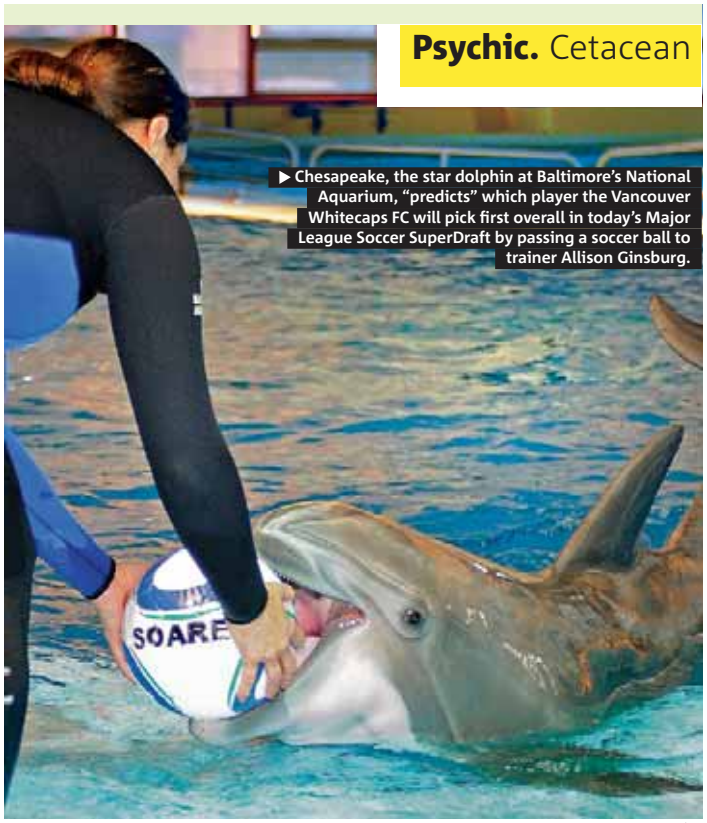
News worth sharing.

Psychic. Cetacean



▶ Chesapeake, the star dolphin at Baltimore's National Aquarium, "predicts" which player the Vancouver Whitecaps FC will pick first overall in today's Major League Soccer SuperDraft by passing a soccer ball to trainer Allison Ginsburg.

JOSE ARGUETA/MLS

Will A.J. soar with Whitecaps?

Six top MLS prospects randomly kicked soccer balls with their names on them into the pool at the National Aquarium's Marine Mammal Amphitheater yesterday. Chesapeake predicted University of California defender A.J. Soares would be taken first overall by the 'Caps. Was the dolphin correct? The 'Caps are keeping their cards close to the chest. Story, page 3.

Fashion

New style trends defy the rules

Kenya Hunt takes on 2011's emerging fads: Abundance of stripes, white for all seasons and see-through skirts to show off some leg {page 10}

Making of The Green Hornet

One-on-one with director Michel Gondry {page 7}

Flaherty's idea of 'a new world'

Minister says strong loonie here to stay {page 5}

Teenage tanning toast in Victoria

Nova Scotia has introduced legislation that would require tanning bed users to be 19 and over
Guidelines issued by New Brunswick in June 2009 also call for an age limit of 18, but remain voluntary

Half-baked teens will no longer be able to go all the way in Victoria, thanks to a tanning bed ban voted in by the Capital Regional District yesterday.

The district became the first municipality in Canada to ban the use of beds for people under the age of 18 — though some provinces are proposing similar measures — and the Canadian Cancer Society wants Vancouver to follow suit.

"Based on credible research, beds are a known carcinogen," said Barbara Kaminsky, the CEO of the society's B.C. division. "This will help reduce the risk of cancer with young people in particular. Victoria is known as being a leader on health policies and other municipalities tend to follow them."

Vancouver Coastal Health spokesperson Anna Marie D'Angelo said the authority was looking closely at Victoria "with the view of supporting a similar bylaw in VCH municipalities."

Sarah Bailey, of SunScape Tanning Studios in Yaletown, said they rarely have clients under the age of 16 and demand a consent form from parents.

She claims the salon's staff are capable of self-regulation.

"We are all quite educated on smart tanning," Bailey said. "We don't allow people to go in for more than what we think they should. It's not solely their decision when they enter here."

She said one of the biggest misconceptions people have is that tanning beds cause skin cancer.

"Skin cancer comes from overexposure and also burning your skin. Indoor tanning is a controlled environment, you know what you're getting and how much you're getting."

But cancer-prevention researchers strongly disagree.

"There is no question that tanning beds produce the kind of light that can cause skin cancer. The dosage that people get in a bed is very much higher, five to 10 times higher, than natural sunshine in July," said David McLean, head of cancer prevention at the B.C. Cancer Agency.

"I've had mothers bring in 13-year-old daughters to talk them out of going to a tanning salon prior to a school dance. That simply would not be an issue if teens were banned."

In addition to age requirements, the new CRD bylaw sets sanitary standards, demands that warning signs be posted and that protective eyewear be worn.

KRISTEN THOMPSON AND MATT KIELTYKA

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J.J. MCCULLOUGH

THE RACE FOR PREMIER
CHRISTY CLARK

One of B.C.'s most outspoken and high profile political figures, Christy Clark won her first term as Liberal MLA in 1996. In 2007, Clark joined CKNW as a current events talk show host, a position she held until December, when she stepped down to join the Liberal leadership race.

On why she is a Liberal:
I am very much a practical, common-sense kind of person. So the thing that has always appealed to me about the B.C. Liberal Party is that it balances fiscal conservatism with a drive to care for people who can't look after themselves.
On other politicians:
The thing that needs to be changed is the culture of Victoria. It's the fact that government has become closed and insular and doesn't listen to people. That's the elephant in the room that the rest of the candidates aren't talking about. And why aren't they talking about it? Cause they were part of that problem.
On the NDP:
I think the NDP is committed primary to promoting the vested interests of the people that created their party, and that's the labour movement. That's their ideology: To promote the interests of organized labour. And that's a pretty narrow view of the world.

For the full interview, visit metronews.ca. Tomorrow, Metro speaks to candidate Mike de Jong

On role models:
I've always admired Hillary Clinton, because she's really smart, she's really tough and tenacious. And she managed to be a mom at the same time!
On health care:
If the health-care system doesn't change, one day the premier is going to come to the people of British Columbia and say, "I'm sorry but we have no money left for public education because we're spending it all on health care." And then the day after that, the premier is going to say, "oh, and guess what? We don't even have any money for heart operations now."

J.J. MCCULLOUGH IS A CARTOONIST AND POLITICAL COMMENTATOR. VISIT FILIBUSTERCARTOONS.COM.

Whitecaps' cards 'close to our chest'

Whitecaps FC have first overall pick in today's 2011 MLS SuperDraft ◗ League newcomers still debating potential pick, considering trades ◗ Vancouver has three of the first 19 picks

The dolphin's guess is as good as ours.

During a publicity stunt at Baltimore's National Aquarium yesterday, Chesapeake the dolphin grabbed a ball with prospect A.J. Soares' name on it, predicting the University of California defender will be the Whitecaps' No. 1 pick in the MLS SuperDraft today.

While Soares is an unlikely candidate, Chesapeake has as much insight into the Caps war room as anyone.

"One thing we've decided to do is never tip our hand," laughed Whitecaps president Bob Lenarduzzi. "The dolphin may have given us a hand by making people think we'll draft Soares, but it doesn't have an inside line. We're keeping our cards close to our chest."

The player getting the most attention ahead of today's draft is striker Darlington Nagbe, but Lenarduzzi says his staff haven't settled on any one player.

"There are still some interesting debates going around on who we should pick," the local soccer legend said.

There is also a chance the Blue and White could trade their No. 1 pick for an established player who could make an immediate impact.

"We've had two or three (offers)," Lenarduzzi admitted. "We're expecting it to heat up even more on the day of the draft. Whatever happens, we want to make sure what happens with our first two picks helps the club move forward."

MATT KIELTYKA

1 news

Is charity and celebrity attention doing more harm than good in Haiti? Scan code for story.

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Michael Ignatieff kicks off a 20-riding tour with a renewed call for elections. Video at metronews.ca

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3. Dynamite - Taio Cruz
4. Airplanes - B.o.B. featuring Hayley Williams of Paramore
5. Break Your Heart - Taio Cruz featuring Ludacris
6. Not Afraid - Eminem
7. Blah Blah Blah - Ke$ha featuring 3OH!3
8. Rude Boy - Rihanna
9. Replay - Iyaz
10. Cooler Than Me - Mike Posner

To see more Top 10's of 2010, visit **metronews.ca/top10**

SOURCE: Metro Life Panel Survey, January 2011, 216 respondents

metro life panel

Media inciting hate: Sarah Palin

GUILLERMO ARIAS/THE ASSOCIATED PRESS

▶ Sarah Palin

Sarah Palin posted a nearly eight-minute video on her Facebook page early yesterday, accusing journalists and pundits of inciting hatred and violence in the wake of a deadly Arizona shooting that gravely wounded a U.S. congresswoman.

Last spring, Palin targeted Democratic Rep. Gabrielle Giffords' district in Arizona as one of 20 that should be taken back. Palin has been criticized for marking each district with the cross hairs of a gun sight.

In the video, the 2008 Republican vice-presidential candidate said vigorous debates are a cherished tradition. But she said after the election, both sides find common ground, even though they disagree.

"But, especially within hours of a tragedy unfolding, journalists and pundits should not manufacture a blood libel that serves only to incite the very hatred and violence they purport to condemn. That is reprehensible," she said.

The term "blood libel" is the false allegation that Jews kill non-Jews, especially Christian children, to acquire blood for the Passover or other Jewish rituals, according to the Jewish Virtual Library. THE ASSOCIATED PRESS

Stolen. Snowplow

▶ A police officer sits in his car near the site where Sgt. Ryan Russell was struck by a stolen snowplow in Toronto yesterday.

CHRIS YOUNG/THE CANADIAN PRESS

Chase ends in tragedy

An attempt to stop a stolen snowplow during a wild police chase through snowy Toronto streets ended in tragedy yesterday when an officer was struck by the vehicle and killed. A man was arrested about seven kilometres from where the officer was hit.

Poles to blame in president's death: Russia

Russian officials investigating the plane crash that killed Polish President Lech Kaczynski placed the blame squarely on the Poles yesterday, saying the crew was pressured to land in bad weather by an air force commander who had been drinking. Kaczynski and 95 others, including his wife, died in April 2010 when their Tu-154 plane crashed while trying to land in Smolensk, Russia. There were no survivors.

In Poland, the report met with accusations that it is unbalanced and failed to acknowledged Russian mistakes.

THE ASSOCIATED PRESS

Loonie will stay at par with U.S. dollar: Flaherty

Finance minister says high Canadian dollar reflects the country's 'sound fiscal situation'

The Canadian loonie will hover at parity with the U.S. dollar for some time to come, and deservedly so thanks to Canada's economic strength, Finance Minister Jim Flaherty said yesterday.

"This is a new world," Flaherty told reporters after speaking about controlling debt at a think-tank discussion at the Woodrow Wilson International Center for Scholars in the U.S. capital. The loonie's been at or near parity with the U.S. currency for weeks, which causes headaches for Canadian exporters who get paid in American dollars.

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Jim Flaherty

That's why Ottawa is throwing a lifeline to exporters and manufacturers by lowering corporate taxes, reducing tariffs and extending an accelerated capital-cost writeoff, Flaherty said. THE CANADIAN PRESS

Market moment

PRICES AS OF 4 P.M. YESTERDAY

Natural gas 1,000 cu ft	Dollar	Oil	TSX
$4.531 (+ 5.00¢)	+ 0.29¢ (101.33¢ US)	+ 75¢ US ($91.86 US)	+ 59.16 (13,460.21)
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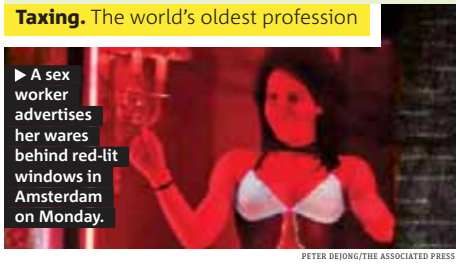

▶ A sex worker advertises her wares behind red-lit windows in Amsterdam on Monday.

PETER DEJONG/THE ASSOCIATED PRESS

Prostitutes to pay taxes

The Dutch government has warned prostitutes in Amsterdam's red light district to expect a business-only visit from the taxman this year.

Lululemon gear flies off the shelves

Lululemon Athletica Inc. is struggling to restock shelves with its popular yoga and running gear after a better-than-expected holiday sales rush, it said yesterday.

The retailer caught up to demand in the third quarter of 2010, only to fall behind again during the holiday season. THE CANADIAN PRESS

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A SERIOUS CASE OF CAN'T-SIT-STILL-ITIS

He says ...

JOHN MAZEROLLE

It takes me a while to settle into a new city.

A few years will pass as I learn about its people, its feel, its rhythm. And then, suddenly, I'll be hit with the thought that always occurs to me when I realize a place, once strange, is now home: *Man, I've got to get out of here.*

Itchy feet and cabin fever don't even begin to describe what I feel in my most wanderlustful moments. Something clinical to reflect the seriousness of the condition would be more appropriate: Soulriasis, maybe.

I've been in Toronto for two and a half years and Canada, generally, for five — an unusually long time for me in both cases. Normally, when it comes to cities, I'm just a gigolo. Truth is, I've fooled around with at least one city in every province, not to mention a little something-something on the side in Africa, Europe, and New Zealand. Some towns, I don't even remember their names. "Sorry, Toronto the Good. That's just how I roll."

"I'm frankly baffled by anybody who would prefer to stay where they are."

Why do I need to get away? I barely understand the question. It's like being asked why I need to eat, or drink, or watch Futurama marathons. It's just something that needs to be done. I'm frankly baffled by anybody who would prefer to stay where they are.

My father, for one, frequently acts like there are "BEYOND THIS POINT THERE BE DRAGONS" signs greeting anyone who would dare leave New Brunswick. And he's not alone: I was once on a ferry off the coast of New Brunswick when a stranger next to me remarked how beautiful the view was. "Yes," I agreed. "I've been everywhere," the man continued. "New Brunswick, Nova Scotia. *Everywhere.* And this is the best spot."

It's not that I judge people like him, so much as I consider them part of a different species. There's a whole planet to see. Why would anyone pass that up? Am I the crazy one? Though it might seem to some like I'm running away from family or responsibilities, the truth is I'm a better person when I travel: I read more; I learn more; I live in the moment.

And I'm way more accepting of things as they are. Missing a city bus when I'm home will make me grumpy. But getting bad service in Vienna? Charming. Nearly freezing overnight in a tent in New Zealand? Awesome. Passing out from food poisoning in Zimbabwe? That's an adventure.

Sorry, Canada. It's better for both of us if I see other cities. It will just be for a few weeks this summer. I'll totally call on your birthday.

Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER

THE SYSTEM COULDN'T STOP LOUGHNER FROM GETTING A GUN, BUT IT DID STOP HIM FROM GETTING A KINDER EGG.
KINDER EGGS STOPPED AT BORDER
metro

To ban tan, or not to ban?

Letters & Tweets

We asked: The City of Victoria is voting today on banning teenagers from using tanning beds. Is this a good idea or unnecessary?

@cicychan: A ban would probably encourage more teens to try it lol
@a_frilles: There must be a reason for it. If not, totally unnecessary.
@nicolb: They'll find a way around it.

Re: J.A. Zwahlen letter (Jan. 12)

RAWDON, N.S. I noted J.A. Zwahlen's objections to a cartoon by Michael de Adder. In his objection, Zwahlen suggested de Adder was confusing the anger of the tea party with hatred. I believe it's Zwahlen who is confused. There is a distinction to be made between dissatisfaction with one's government and advocating violence as part of one's dissatisfaction. Sarah Palin, Rush Limbaugh, Glenn Beck and others have blurred and, some would argue, crossed the line when it comes to offering political comment. No one is suggesting that the concerns of the tea party aren't legitimate, however, any suggestion by either side of the political spectrum that violence is an acceptable form of voicing one's concerns is repugnant and has no place in a democracy. Tea party supporters seem to not recognize or respect that limit. **TIM MCDERMOTT**

Artificial sun

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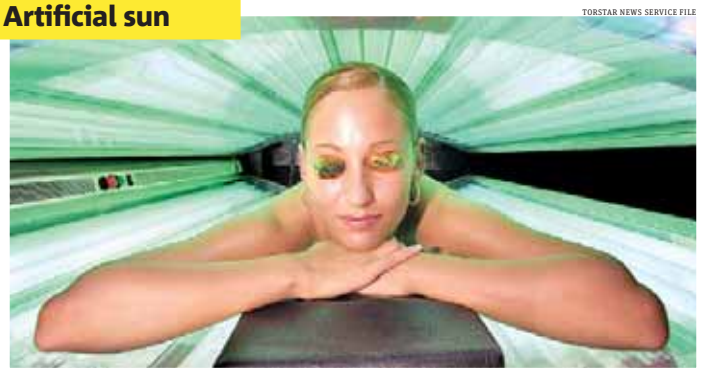

What advice would you give future generations?

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Metro Minute at Taboo sex show

One of the most exciting and hottest trade shows in Canada, The Taboo Naughty But Nice Sex Show, returns to Vancouver today. The show, in its 10th year, opens with a sexy belly dance at 6 p.m., followed by pole dancing for fitness and a new event, the Miss Taboo Vancouver competition.

There will also be performances by Miss Pole Dance Canada, Crystal Lai. The Taboo Naughty But Nice Sex Show is at Vancouver Convention Centre West (1055 Canada Place) and runs until Sunday. Tickets are $15 in advance and $20 at door. Women are two for one admission today. Go online to canwestshows.com for more info. **AYAKA KAWAI**

CONTRIBUTED

▶ Stiletto Storm is among the acts at this year's Taboo Naughty But Nice Sex Show.

French director Michel Gondry takes on his first big action film ● Picking a Chinese actor to play a Chinese role leads to criticism ● Not a fan of big sex scenes

▶ Seth Rogan stars in The Green Hornet.

How to direct a superhero

NED EHRBAR
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METRO WORLD NEWS IN LOS ANGELES

Eclectic French director Michel Gondry makes his first bid at a big-budget studio tent-pole with The Green Hornet, based on the 1940s radio program and 1960s TV series. Metro caught up with Gondry to discuss his sketching habit, dealing with racial issues and avoiding intimacy on screen.

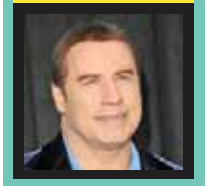
Do you still create extensive storyboards for your work?
My first movie, Human Nature, I did every single shot in storyboard because the budget was small and I wanted to do everything, like a piece of Lego. Every set was conceived and done on stage. And then I realized it suffocated the actor a little bit. So since then I decided that when it concerns only the actor, I will not storyboard. It will be open to conversation at the last minute. Now when there are 10 cars flipping and exploding, and the building is exploding and falling apart, then you have to do some storyboards.

With the character of Kato, The Green Hornet has had some unpleasant racial connotations associated with it. How did you work to avoid or address those?
To me, that was the main thing. Even in the draft I had 10 years ago or 15 years ago, he was still the servant. It was very condescending to have him as the servant. That was one thing we didn't want to have in this movie. But you know what's really funny, and a thing I don't understand? People criticized us that we took a real Chinese actor — actually he's from Taiwan — to have a bigger market. But it's so funny because the problem of all the American movies I can remember is that they would never take a real Chinese person to do a Chinese character. David Carradine played Kung Fu, which was supposed to be played by Bruce Lee — it was a concept by Bruce Lee. But they didn't want him because he was too Chinese. And here we take a real Chinese actor, and people still complain. There is always room for complaint.

You've mentioned avoiding including much of a love story in this film because you thought it would be too distracting.
Not that I'm somebody pure who never sees sex in movies and everything like that, but a lot of time I feel uncomfortable when people get too intimate on the screen. I remember with Kate Winslet and Jim Carrey we had some pretty hot scenes (in Eternal Sunshine of the Spotless Mind), and once I was in there, I was, "OK, put your hand in his pants and go for it." Then when you man the camera, you go for it. But I generally don't like to watch the scene. And I remember they asked me if Kirsten Dunst could be topless, and I didn't want to ask her. They made me ask her, they forced me to ask her, the producer. And I did it, and she said to me, "No. The only director that I would get my bra off for would be (Pedro) Almodovar, not you." It was really embarrassing because I didn't want her to do it in the first place.

2 scene

News in brief



John Travolta says their seven-week-old baby boy is "a new beginning" for his family.

The actor and his wife, Kelly Preston, posed with their son Benjamin for the cover of People magazine. Travolta says Benjamin has "brought us a new beginning" and "given the house a renewed spirit and purpose."

Travolta and Preston's oldest child, son Jett, died in 2008 at the age of 16. Benjamin was born in November in Florida. Preston, 48, and Travolta, 56, also have a 10-year-old daughter, Ella Bleu.

THE ASSOCIATED PRESS

Producers: 2011 Oscars will take viewers on a scenic trip through time, space and movies

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A Golden Gervais

Ricky Gervais says he agreed to do a second turn as host of Sunday's Golden Globe Awards because he wants "to do a proper job this time."

"I don't think I went far enough," continues the comic actor-director-writer-producer. "Obviously not, because they invited me back. So, I'm going to do it again, do a proper job. And I guarantee they will not invite me back."

This year's Globe contenders should provide Team Gervais with a bounty of comic fodder, including best-picture nominations for the much-maligned The Tourist and Burlesque.

"I honestly can't wait to do it," Gervais said. "I'm going to go out there, guns blazing, like it's the end of the world."

After all, the 49-year-old Gervais has little to lose, with what seems like projects at every network and studio in Hollywood. He reunites with frequent collaborator Stephen Merchant and The Ricky Gervais Show co-producer and co-star Karl Pilkington for the travel series An Idiot Abroad, a UK smash that will debut later this month stateside on Science Channel.

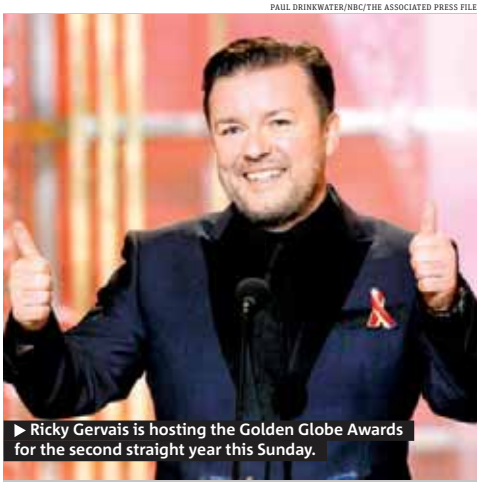
With that, prepare for this year's Globes host to serve as a pitchman, too.

"I'm going to mention An Idiot Abroad on Science," Gervais said. "I'm going to mention The Ricky Gervais Show returning on HBO. I'm going to mention I'm in the Muppet movie, Wind in the Willows. Steve (Merchant) has got a fridge-freezer for sale."

Gervais, a 2004 Golden Globe winner for starring in the original British version of The Office, promises he'll never host the Globes again.

THE ASSOCIATED PRESS

PAUL DRINKWATER/NBC/THE ASSOCIATED PRESS FILE



▶ Ricky Gervais is hosting the Golden Globe Awards for the second straight year this Sunday.

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Kidman used Botox

Nicole Kidman has reportedly admitted to a German magazine that she has tried Botox, according to the Daily Mail.

"I've tried a lot of things, but apart from working out and a good diet, most things don't help," Kidman said when asked about techniques to combat aging.

"I even tried Botox, but I didn't like how my face looked afterward. Now I don't use it anymore — and I can move my forehead again."

"Now I don't use it anymore — and I can move my forehead again"
NICOLE KIDMAN

METRO

Celebrity tweets

Lily Allen [@lilyroseallen] I'm going for dinner but when I get back I'm gonna set a tumblr up.

Joel Madden [@JoelMadden] A&E reality shows are ruining my life. First 48 and hoarders. I should be sleeping.

Ryan Seacrest [@RyanSeacrest] Busy day- radio- then off to a fox idol event then seeing the idol contestants..I actually packed a cooler today w veggie juices. on the run

Elizabeth Banks [@ElizabethBanks] Have you seen the Weather Channel lately? It's the new Bob Ross of TV: pleasingly educational slightly whispered nonsense that helps me nap.

METRO

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Frankfurt	from $499 + taxes & fees $386
Paris	from $548 + taxes & fees $428
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Panama 7 Nights 4-Star	from $897 + taxes & fees $236

Las Vegas

Las Vegas
Air from Bellingham + 3 Nights + Cirque du Soleil
from $219 + taxes & fees $37
INCLUDES accom on the Strip.
BONUS tickets to select Cirque du Soleil or other Las Vegas show included.

Las Vegas Air + 3 Nights + 4-Night Cruise + Cirque du Soleil from $549 + taxes & fees $111
INCLUDES air to Las Vegas, 3 nights accom on the Vegas Strip, air to LA, and cruise from LA to Vancouver. BONUS tickets to select Cirque du Soleil or other Las Vegas show included.

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New York Air + 3 Nights from $779 + taxes & fees $136
INCLUDES Manhattan accom near Times Square.

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3 life

Fashion rules to break in 2011

This year's coming trends may force you to disregard about 90 per cent of everything you were ever taught about clothes.

KENYA HUNT, GLOBAL FASHION DIRECTOR

▶ Prada

1 Never wear horizontal stripes

Jil Sander

Fashion puritans of yore dictated that stripes would only make you look about 10 pounds heavier. Then fashion's craze for Breton tops happened and it paved the way for a full-blown explosion of stripes that started on the spring/summer '11 runways and is coming to a store near you. Stripes are now perfectly fashionable on work suits (Prada) or slouchy tank-dresses (Jil Sander).

▶ Alexander Wang

2 Never wear white in winter

Celine

Ignore the stiff sartorial moralist tsk-tsking in your ear as you reach for that white dress in your closet. This month, we strongly encourage you to wear ivory. The non-colour will be bigger than big this year; nearly every brand showed a series of covetable white looks for spring/summer '11. But it's not limited to hot summer days. Alexander Wang and Celine are just a few brands that churned out ivory coats, trousers and sweaters that would look perfectly cool now.

▶ Chloé

3 Always wear a slip

Givenchy

Back in 1980, a young soon-to-be Princess Diana caused an uproar when paparazzi snapped her in the park. The sunlight revealed that she was wearing no slip to hide her legs beneath a sheer skirt. Today she'd be applauded for it. The floaty, see-through skirts and dresses headed our way this year are meant to show a little leg. Not that you need to show your panties to all the world – try silk shorts instead.

Toasty texting

Last February, Annie Hemmesch, her mother and sister started selling Telefingers gloves made by threading the thumbs, pointer fingers and middle fingers with conductive material that allows wearers to use touchscreen devices while keeping their hands warm. The gloves are just one example of the influence the cold weather is having on fashion and technology.

THE ASSOCIATED PRESS

London-based Canadian designer Mark Fast teams with Danier for new collection

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Undone updo

Celebrity stylist Tyler Colton shows you how to get a smart, go-to-town style in five easy steps.

STEP 1

Apply Osis+ Curl Me Soft Velvet Curl Cream to wet hair. Scrunch through hair to bring out natural wave.

STEP 2

Dry hair, then use a flat iron to create loopy curls. Brush out.

STEP 3

Sweep hair back into a low chignon. Secure with elastic.

STEP 4

Use bobby pins to rein in loose ends, leaving it slightly imperfect.

STEP 5

Hold with Osis+ Elastic Flexible Hold Hairspray.

Osis+ Elastic Flexible Hold Hairspray, $19, and Osis+ Curl Me Soft Velvet Curl Cream, $20; schwarzkopf-professional.ca.

Subscribe to THE KIT for free today at thekit.ca, and start on the road to a more beautiful you!

Fashion from the front lines

Arguably the longest-serving private never to have been promoted, Beetle Bailey will get the red carpet treatment next week when a line of clothing and accessories bearing his imprint is unveiled at apparel trade show PROJECT New York.

Working in conjunction with King Features Syndicate, designers Darren Romanelli and Hitoshi Tsujimoto have banded together to develop an Americana-inspired and military-infused collection of jackets, sweaters, T-shirts, hats, shoes, pants and bags. **THE ASSOCIATED PRESS**

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DECOR MOMENT

KARL LOHNES
HOME@
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Condo tricks

There are many things to consider when purchasing an older condo and one of the largest is how to make it your own by putting a personal decor stamp of style on it.

When the homeowner of this downtown condo purchased the dated space, it seemed the outdated and unchangeable finishes could never become the urban and stylish home she had envisioned.

Enter Toronto interior designer Jackie Di Cara.

Jackie's practical and efficient furniture layout and thoughtful decorating ideas and tricks helped to make a dated space look like a super-stylish home.

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Colours

Jackie kept the colour scheme very classic and restrained. Grey, cream browns with a hint of fashionable yellow and raspberry to make the room feel trendsetting.

The artwork is fabric that Jackie found while shopping for pillow fabrics. She framed the fabric and used it as art.

The ottoman was a matching piece to the sofa but overwhelmed the room with too much grey, so Jackie reupholstered it and placed a large tray on top.

Living area

Low built-ins were installed under the horizontal window ledge to create much needed storage and to serve as a display shelf for artwork and decorative items.

"The view was completely undesirable, so I used the old trick of bringing the focal point forward so that the eye stops at an interesting painting or items rather than looking outside."

Simple window treatments offer privacy and diffuse the view while still allowing light to flow into the living area.

Not hanging drapery panels helped to keep a clean, modern feeling to the room.

Textured seagrass wallpaper creates an unexpected focal wall that grounds the heaviest piece of furniture and also the piano. The texture of the grasscloth draws attention away from the texture of the stippled ceiling.

Jackie floated an open-backed chaise lounge in the open-concept space. It allows guests to sit facing the living area or kitchen.

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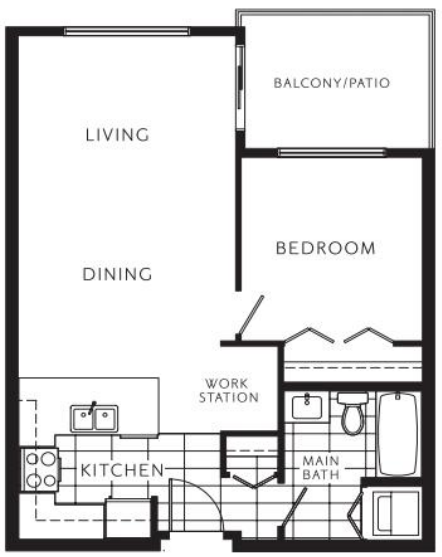

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A lifestyle development concept by the HUNGERFORD group

Southern comfort comes to Gastown

Smoked meat lovers can now find authentic Carolina barbecue close to home thanks to Peckinpah

LUNCH RUSH

ERIN IRELAND
FOOD@METRONEWS.CA

ERIN IRELAND

▶ Half order of beef brisket, creamed corn and corn bread.

The four years I spent living down south were dangerously delicious.

It was a world where seemingly simple foods would emerge glistening and transformed by deep fryers and meat smokers of that region, suddenly evoking the, 'It's to die for!' reaction.

News that fearless restaurateurs Ryan Murfitt and Tyson Reimer, along with chef Filomena Cornacchia-Tanga, had opened Peckinpah, a Carolina style BBQ joint was, needless to say, alluring.

Beef Brisket ($14.50), smoked for 18 exquisite hours, was my lunch selection.

The cooking process prevented me from having to chew much — the meat was juicy, tender, and almost went down a little bit too easily.

A light and tangy chili vinegar sauce was sprinkled on top, allowing the smokey flavour to fully dominate my taste buds.

Included on the side: creamy corn bread, riddled with flecks of charred green onion; mildly sweet, overly saucy creamed corn; and buttery, chile vinegar-sprinkled southern greens.

Peckinpah
2 Water St.
604-681-5411
peckinpahbbq.com
Rating: 3.5 out of 5

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- Ability to prepare files for pre-press production
- Professional, personable, approachable with great communication skills (both verbal and written)
- Ability to thrive in a deadline driven environment with strong attention to detail (typography, grammar, layout, images, colour etc)
- Good knowledge of typography for both online and print
- Familiar with PDF technology, retrieving and sending files
- Post secondary degree or diploma in Graphic Design

Application deadline is Thursday, Jan. 13, 2011. Please submit your cover letter, resume and portfolio samples to hr@metronews.ca. PLEASE QUOTE: "Graphic Designer - Vancouver" in the subject line. All submissions will be treated as confidential.

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- Inn at the Quay
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- Holiday Inn Vancouver Centre
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- Sunset Inn & Suites
- Vancouver Airport Marriott
- Days Inn Vancouver Downtown
- Pinnacle Hotel at the Pier

$138

- Delta Vancouver Suites
- Hyatt Regency Vancouver
- Pan Pacific Vancouver
- The Westin Grand Vancouver
- Coast Coal Harbour Hotel
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4 sports

James revels in Cavs' epic loss

LeBron James has tweaked Dan Gilbert — and the Cavaliers owner's miserable NBA team — with a pointed tweet.

As his former teammates were absorbing a 55-point loss to the Los Angeles Lakers on Tuesday night, James fired off a message on his Twitter account that seemed to be directed at Gilbert.

James wrote: "Crazy. Karma is a b****... Gets you every time. Its not good to wish bad on anybody. God sees everything!"

In July, after James announced he was leaving for Miami, Gilbert wrote a scathing letter to Cleveland fans questioning the two-time MVP's character and predicted he would take Cleveland's curse with him "down south ... James will unfortunately own this dreaded spell and bad karma."

The 112-57 loss to the Lakers was the Cavs' 11th straight and their most lopsided since joining the league in 1970.

James and Gilbert have been at odds since James joined fellow superstars Dwyane Wade and Chris Bosh in Miami.

Little has gone right this season for Cleveland. In their loss to the Lakers, the Cavs played three rookies for long stretches due to injuries, establishing a team record for fewest points. THE ASSOCIATED PRESS

GREG FIUME/GETTY IMAGES

▶ LeBron James during warmup before a game in Washington in December.

Quoted

"Really, the one word that kept recurring was how thankful I was to be a part of Major League Baseball, how thankful I was to be able to put a uniform on and be a kid until I was 43, to be a part of the baseball family."

BASEBALL'S ALL-TIME SAVES LEADER TREVOR HOFFMAN, WHO ANNOUNCED HIS RETIREMENT YESTERDAY IN SAN DIEGO.

"I wanted to make sure, I wanted to take that time away from the game and see if the fire would rekindle in a way I would want to go out and compete."

HOFFMAN

Scan code for more sports

Sharks struggling to find their bite

'Sometimes it's not all bad to get kicked in the ass,' says GM Wilson

This is when Doug Wilson figures he'll truly find out what the San Jose Sharks are made of.

Locked in a five-game losing streak, occupying unfamiliar territory outside of the Western Conference playoff picture, times are pretty tough for the men in teal and black.

Rather than being completely discouraged by the current rut, the general manager is choosing to look at it as an important opportunity for a franchise that is accustomed to comfortably waltzing into the post-season each year — only to fall short.

"In the past, sometimes things have come too easy," Wilson said this week in an interview. "The one year, in March and April we didn't lose in 20 games ... You can't just flip a switch late in the year and say, 'Oh, now we're going to start doing things the right way.'"

There is plenty of time left to salvage the season. Yesterday morning, the Sharks found themselves two points out of eighth place in the bunched-up Western Conference and they still had 38 games left on the schedule.

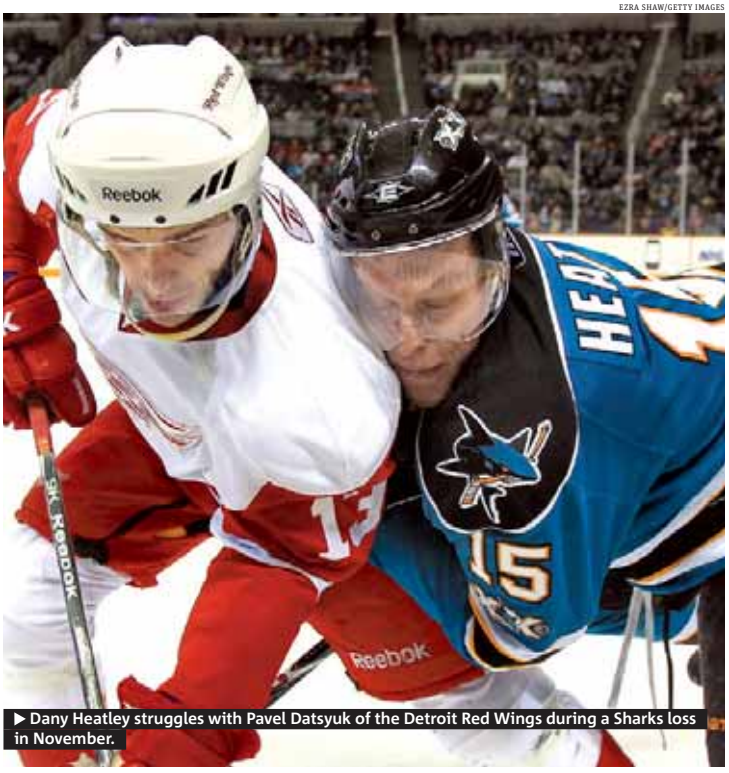
"You can't afford to rely on your power play or your goaltender to win games."

SHARKS GM DOUG WILSON

It has been a strange year for the Sharks, who were a 100-point team five of the last six seasons. They are on pace for 88 points this year.

The latest disappointment came Tuesday when the Toronto Maple Leafs rallied in the third period for a 4-2 victory. It was the kind of game that could have gone either way, but the Leafs seem to be riding the sort of momentum that San Jose is desperate to find. THE CANADIAN PRESS

EZRA SHAW/GETTY IMAGES



▶ Dany Heatley struggles with Pavel Datsyuk of the Detroit Red Wings during a Sharks loss in November.

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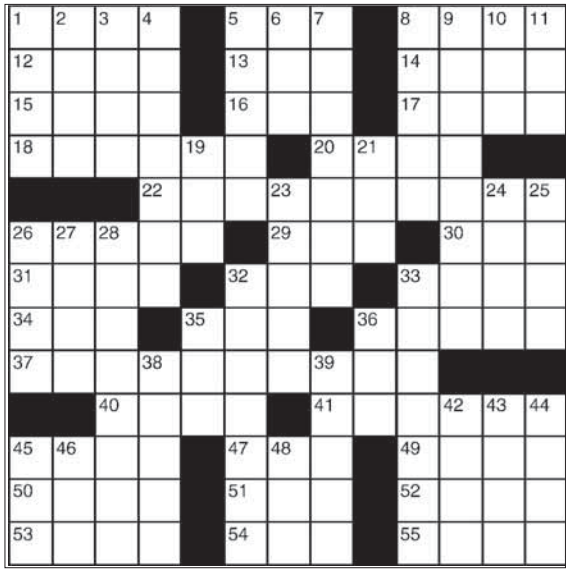
Crossword



Across
1 Cherished one
5 Pitch
8 Praise to the skies
12 Advantage
13 Hasten
14 Therefore
15 Musicians Kings of —
16 Peculiar
17 Rue the run
18 Not idling
20 Pulverize
22 January and February
26 Oil of roses
29 Overactor
30 Winery vessel
31 Sense
32 Chop
33 Transcending (Pref.)
34 Prior to
35 Oft-tattooed word
36 Chart holder
37 Glazier's item
40 Bedouin
41 One of the Royal Family
45 Meditation method
47 Type squares
49 Reverberate
50 Still
51 Asian language
52 Prophet
53 Picnic spot
54 Prune
55 Salver

Down
1 Sandwich shop
2 Paradise
3 Enthusiastic
4 Non-cancellation
5 Rose's protector
6 Help
7 Beef, e.g.
8 Minimum
9 Sites for public records
10 "Yecch!"
11 Fawn's mama
19 Atmosphere
21 Branch
23 Hit with a dull sound
24 Partner
25 List-ending abbr.
26 Some
27 Hatcher or Garr
28 Adolescent
32 Metallic percussion instrument
33 "She Done Him Wrong" star
35 Extinct bird
36 Conclusion
38 Imbibed
39 Man of morals?
42 Big name in desktop computers
43 Comical Caroline
44 "Finding Nemo" fish voiced by Ellen DeGeneres
45 "Uh-huh"
46 Eggs
48 Long March leader

▶ Yesterday's answer

Sudoku

1			8		7			
8	4						2	5
	5			4		6		
	1		2	3				4
		4				5		
2				8	6		7	
		1		2			8	
3	9						4	7
			3		9			6

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

2	7	1	8	9	4	3	6	5
9	6	4	1	3	5	8	2	7
3	8	5	2	6	7	9	4	1
1	2	7	6	5	3	4	8	9
8	5	9	4	1	2	7	3	6
6	4	3	7	8	9	1	5	2
7	9	8	3	2	6	5	1	4
4	3	2	5	7	1	6	9	8
5	1	6	9	4	8	2	7	3

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To my elskling,
Thank you so much for being there for me, and for striving to be better for me. I just wanted to tell you and the entire Metro readership how much you mean to me, and how much I absolutely adore you.
LOVE YOU, SLEIPNIR

Happy 30th birthday David! Sending you kisses and hugs! I love u! XOXO,
KAT

Mr. Gerry,
Thanks for being such a wonderful, passionate man. I'm so lucky to have met you! XOXO **JENNY**

Mikey, you turned my world right side up once we met, I can't wait to be married to you! xoxoxoxox I love you with all my heart! -
YOUR STARFISH

Today 9°/6° Rain 90%
Friday 10°/5° Rain 90%
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Lead by example today. Simply issuing orders and expecting others to carry them out is not going to succeed, especially at work where you are more likely to spark a rebellion.

♉ Taurus April 21-May 21 It's official: you were right and everyone else was wrong. Will you gloat? Of course you will, and rightly so, but having enjoyed your moment of triumph don't go on and on about it.

♊ Gemini May 22-June 21 As Mercury, your ruler, moves into the wealth area of your chart today something will happen that reminds you that you must conserve your resources. Look ahead.

♋ Cancer June 22-July 22 Be bold, be brave and be ready to take advantage of the opportunities that are coming your way. Mercury, planet of communication, will bring good news of some kind today

♌ Leo July 23-Aug.23 Some people can be awfully touchy and today, especially, a friend or loved one is likely to jump down your throat if you make even the slightest criticism of their behavior.

♍ Virgo Aug. 24- Sept. 22 The planets are urging you to be a bit less suspicious than you usually are. Rest assured you won't lose out by going along with what a friend or work colleague proposes – you may even make some money.

♎ Libra Sept. 23-Oct. 23 Sit back and let the good things in life come to you. One of those good things has something to do with your family and today, more than most days, you will find it easy to connect with loved ones.

♏ Scorpio Oct. 24-Nov. 22 You will be feeling more like your old self today. Mercury's change of signs will give you the confidence to try out new things and visit new places, especially in the company of friends.

♐ Sagittarius Nov. 23-Dec. 21 Don't suffer in silence. Speak up and let everyone know you deserve a bigger share of the applause and rewards. Chances are you'll get it.

♑ Capricorn Dec. 22-Jan. 20 Are you being too optimistic? Is your imagination taking you for a ride? No, and no again, are the answers to those questions.

♒ Aquarius Jan. 21-Feb. 18 There are so many good things going on in your world, so why are you so reluctant o make something of them? Between now and the Sun's move into your sign on the 20th you must get your act together

♓ Pisces Feb. 19-March 20 An offer of some sort will come your way and to say the least it will sound tempting.
SALLY BROMPTON

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